

Riverside County

Local Listing for Tobacco Cessation and Education Resources

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American Cancer Society

(760) 568-2691

Type of Service: Fresh Start Plus-group support group.

American Cancer Society

(951) 683-6415 or 1-800-ACS-2345

1240 Palmyrita, STE A

Riverside, CA 92507

Type of Service: Information; referrals; self-help materials; healthcare worker trainings.

Cost: Free.

American Lung Association

(909) 884-5864 1-800-LUNG USA

www.lungusa.org

Type of Service: Freedom from Smoking group classes for behavior modification. Classes are ongoing. Call for dates. 7-week smoking cessation clinics for \$50. Call for more information.

Beaver Medical Center

(909) 335-4131

2 W. Fern

Redlands, CA 92373

Type of Service: Stop Smoking 5-week class.

Cost: Free.

Breakthrough Consulting

(888) 902-7848

3705 Sunnyside Dr.

Riverside, CA 92506

Type of Service: Stop Smoking in One Hour (hypnosis makes it easy!). Lifetime Guarantee.

Cost: \$300.

Cernie Institute

(951) 781-0282

3705 Sunnyside Dr.

Riverside, CA 92506

Type of Service: Hypnotherapy.

Cost: \$49 (\$39 for seniors) group.; Languages Served: English & Spanish

Kaiser Permanente

(951) 353-4475

10800 Magnolia Ave.

Riverside, CA 92505

www.kp.org/quitsmoking

(Continued)

Type of Service: Offers self-help materials, telephone coaching, group classes and on-line tobacco cessation services to Kaiser Permanente members. Group classes may also available to non members in some areas, however, priority is given to Kaiser Permanente members. Vis

Cost: Free for members; \$55 for non-members.

Kaiser Permanente

Van Buren Medical Office

(951) 352-0292

3951 Van Buren Blvd.

Riverside, CA 92503

www.kp.org/quitsmoking

Type of Service: Offers self-help materials, telephone coaching, group classes and on-line tobacco cessation services to Kaiser Permanente members. Group classes may also available to non members in some areas, however, priority is given to Kaiser Permanente members. Vis

Lucy Curci Cancer Center

(760) 674-3602

39000 Bob Hope Dr.

Rancho Mirage, CA 92270

Type of Service: Stop Smoking 6-week program; Stay Quit Program.

Cost: fee for service

Smoking Cessation

(951) 343-2848

Type of Service: Smoking cessation through acupuncture.

Stop Smoking, Stay Quit Program

(760) 333-1270

Type of Service: Six-week program in the Coachella Valley.

Cost: \$75.



California Smokers' Helpline
1-800-NO-BUTTS

Website: www.nobutts.org

English: 1-800-NO-BUTTS

TDD/TYY: 1-800-933-4TDD

Chew: 1-800-844-CHEW

Korean: 1-800-556-5564

Vietnamese: 1-800-778-8440

Chinese: 1-800-838-8917

Spanish: 1-800-45-NO-FUME